

Lifestyles

Entire family can enjoy Women's and Children's Health Fair

River Park Hospital is gearing up for their 22nd annual Women's and Children's Health Fair to take place tomorrow at Three Star Mall. The event will run from 10 a.m. until 2 p.m. and boasts over 45 booths for attendees to visit.

"This health fair really is for the whole family. There will be something there for everyone — women, children and men, too. We try to cover all the bases with this health fair, and we have several health care representatives as well as family and social service groups, community organizations and businesses from the area. Of course there will also be several representatives from River Park to answer questions about their departments," says River Park marketing director Claudia Hall.

Some of the highlights of the event include:

- Favorite stuffed animals can be brought to River Park Surgery Department's Teddy Bear Clinic for patching, mending and other "medical" care.

- Paula's Dance Academy will perform some of their routines at 10:40.

- The third annual River Park Baby Parade at 11 a.m. All babies born at River Park in 2009 are invited to participate.

- Warren County's own Miss Country Sunshine Emily Hobbs will emcee the Spring and Summer Fashion Show at 11:40 a.m. At 1:15 p.m., Hobbs will give the crowd a sneak peek of her Miss Tennessee Pageant talent.

- McMinnville Parks and Recreation will host the Mascot Scramble at 12:30 p.m. A competition between local mascots that is sure to be hilarious.

- Snowbird will be on hand from 11a.m.

until 1 p.m. to meet health fair attendees.

- Kids can build their own teddy bears at the Curtis Cousins Teddy Bear Factory.

Relay for Life will be well represented at the health fair with several Relay teams using their booths for raising both awareness and funds.

"We've had a great response from the community this year and I'm really looking forward to Saturday. Over the years, this event has become a tradition for Warren County and I'm glad that River Park has been able to continue hosting the event for the past 22 years," says Hall.

River Park Hospital is a 125-bed full-service hospital, which provides a comprehensive range of medical services and high quality care. River Park is Joint Commission accredited which demonstrates a commitment to meet the highest national standards for quality and safety.



Photo provided
Shelly Womack and her son, Joncollin, prepare for last year's Baby Parade at Three Star Mall.

Clayton honored with spirit award

America's most outstanding youth volunteers were named state honorees by The Prudential Spirit of Community Awards, a

Certificates of Excellence for their volunteer work.

Warren County High School senior, Lindsey Clayton was



being named a distinguished finalist.

"The young people recognized by The Prudential Spirit of