

River Park offers free screenings to women

By CHARLIE JOHNSON

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River Park Hospital will be holding A Day for Women event tomorrow in the hospital's main lobby from 7-10 a.m. The event will provide a number of free services and valuable free screenings for attendees as well as adult flu shots for \$15.

River Park is sponsoring this event in order to provide much needed services to local women, many of whom tend to put their family's health ahead of their own.

"It seems like women are always the caregivers and unofficial head of the house," said River Park community relations coordinator Ashley Wright. "They make sure everyone else is healthy and taken care of before they take care of themselves. We're having this event to put women's health in the spotlight. The key to preventing health issues, like breast cancer, is early detection – heading off a problem before it becomes difficult to treat.

"After all, the best thing a woman can do for the continued health of their loved ones is to take care of herself," Wright added.

The services and screenings available at the event will include:

- Cholesterol and glucose screenings – participants must fast prior to the screening starting at midnight. Black coffee and water are OK.

- Free mammograms – These will only be offered to uninsured women who are residents of Warren, DeKalb, Coffee, Van Buren and White Counties and meet poverty guidelines set by the state of Tennessee. These screenings are provided by River Park's "One woman, one life, one difference" program.

(Regular mammograms for insured women will not be offered at this event, but all women are encouraged to schedule their annual mammograms.)

- Free blood pressure checks.

- Free chair massage.

- Free hand treatments.

- Free skin analysis.

- Adult flu shots will be offered to the public at a cost of \$15 each for men and women during the event.

Several vendors will be on hand at the event offering advice, informational materials and their own free screenings.

No appointments will be taken for these free screenings – all screenings and services will be on a first come-first served basis. Any and all questions should be directed to Ashley Wright at 815-4349.

Adult Flu Shots

will be available at

River Park Hospital

Main Lobby

\$15 each

Saturday, September 26

7AM to 10AM

For more information contact Ashley at 815-4349

931-815-4000
www.riverparkhospital.com



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